



Dear EBT Practitioner

As Bowen therapists, we are familiar with the argument put up by conventional medicine (i.e. the pharmaceutical companies) that there is no scientific evidence that, for example, Bowen, or any other complementary therapy, actually works. They tell us it's either placebo or the person would have got better anyway. They call it anecdotal, or a coincidence!

Did anyone watch the series of three documentaries on BBC 2 recently where by a 'scientist' tried to find out whether/how three 'alternative' therapies worked? She looked at Hypnotherapy, Reflexology and Meditation. The best conclusion Dr Sarah could come up with (having flown extensively back and forth across the globe several times) was that the reason people felt better with Reflexology was because people generally feel better for being touched. Goodness knows how many thousands of pounds it cost the BBC to find that out - shame she didn't have a Bowen!

It is with this in mind, that I share the following report, taken from WDDTY (www.wddty.com).

Bad science - why so many medical studies are flawed

Doctors who point the finger at alternative medicine comfort themselves with the thought that, whatever its faults, conventional medicine is, at least, a science. Drugs and procedures are weighted and analysed in strictly controlled trials that are conducted by researchers who are beyond reproach.

Sadly, this reassuring view is far removed from the real world. A new study has discovered that a third of American scientists had been guilty of serious misconduct while undertaking medical research in the last 3 years. Misleads have included falsification of data, hiding or removing data that didn't fit the findings and failing to reveal commercial links with the sponsor (usually a drug company).

More than 15% also admitted changing the study's conclusions to meet the expectations of the sponsor. Not that there are many whistle blowers among them. Many said they turned a blind eye when colleagues have falsified data.

That's the trouble with conventional medicine. It's so unscientific.

Exam weekend, May 2008



Left to right: Jayne Dinan, Angela Street, Jan Webb, Emma Linaker, Emma Francis, Liz Royou-Compton, Steve Chick, Felicity Wilton, Jenny Sutton, Mandy Leadbeater, Claire Warren, Robyn Black and Pennie Clayton, with champion Cob, The Duke.



Revising conformation at top show producer and international judge Robert Oliver's yard



The European School of Equine Bowen Therapy



From the The Metabolic Horse website
www.metabolichorse.co.uk

Methyl-sulphonyl-methane (MSM) has been used successfully for head shaking. I don't know quantities given though. I have heard a possible link between head shaking and vaccination. If this hypothesis were true, a homoeopathic prophylactic remedy could be supportive. Check it out with Crossgates Bioenergetic Ltd - 01729 824959.

Glucosamine

Glucosamine is used to treat osteoarthritis in humans and animals. However, in animals, it is known to cause insulin resistance – the underlying abnormality in type-two diabetes. Research indicates that people with poor insulin sensitivity are at risk of worsening insulin resistance and vascular function with the use of glucosamine in doses used to treat osteoarthritis. In view of this information, do not feed glucosamine to horses and ponies at risk of laminitis – I advise Apple Cider Vinegar instead!



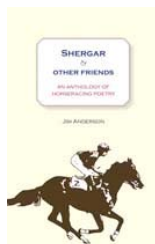
New Intake

By Jim Anderson, taken from his book
Shergar and Other Friends

They stand alone, in cold new box
Wide-eyed and trembling as we spy
Upon them and assess their worth
In frame and colour, head and eye

"Just like his sire..." "...bit back at the knee..."
"...don't like those socks..." "...nice quarters, see?"
"...a bit wall-eyed..." "...don't look too sound..."
"...she stands across a bit of ground..."

They eye the scene: hear all the fuss.
I wonder what they think of **us**.



Saddle fitting course

We all know what a minefield saddle fitting can be and some of you may have been down a frustrating and expensive road with saddles for your own horses. While I would never pretend to be an expert, it is obviously useful to have a good understanding of what to look for. Just observe a horse's response and behaviour when the saddle appears at the stable door, and this alone will give you plenty of clues as to what the horse thinks of the saddle, before it's even reached his back!

If you want to extend your knowledge beyond the introductory lecture at Stage I, there is now an opportunity to attend a two day saddle fitting course with The Society of Master Saddlers (UK) Ltd. This course does not lead to a qualification, but you will get a certificate of attendance, which will certainly qualify you for CPD for EBT registration next year. Fees are £423 inclusive of VAT, and this includes meals, but not accommodation.



Further details are available from Hazel Morley at The Society of Master Saddlers, tel 01449 711642 or email enquiries@mastersaddlers.co.uk

Don't forget...



There is a great range of good quality, embroidered garments at very reasonable prices, available only to qualified practitioners.

Ring me for details 01242 251465.



The European School of Equine Bowen Therapy



The second European School of Equine Bowen Therapy seminar weekend

1st and 2nd November, 2008

Hartpury College, Gloucestershire

For those of you looking to continue your education and CPD for registration next year, make a note of this exciting weekend in the autumn.

Saturday 1st November

Anne Bondi BHSI from Solution Saddles will give a talk and demonstration covering the history of saddles and how treeless saddles can offer the horse greater freedom of movement and comfort. We will be able to see for ourselves a horse first ridden in his own saddle and then ridden in a Solution treeless to assess the difference in movement. Anne says her mission is to educate people rather than selling; she says the saddle sells itself when people witness the difference in their horse! For more information visit www.solutionsaddles.com



Anne Bondi

Margrit Coates is Britain's leading animal healer and author of four books, CDs and DVD. As well as teaching, Margrit is a partner in a natural therapy clinic for animals. During this session, she will show us how we can tune into the energy of the horse, tracking it through the body and increase the power of Bowen. Workshops are taught with passion and enthusiasm and will enhance your treatments. Not to be missed!



Margrit Coates

Sunday 2nd November

Russell Guire is the official gait analyst for the British Equestrian Federation. Russell competed as a show jumper and became fascinated with how horses move and how problems can occur and be prevented. In 2006, he graduated from Warwickshire College in Equine and Human Sports Science. Russell also managed an equine rehabilitation centre for over a year which gave him an insight into the very many different types of problems that can occur. Russell continues his studies with an Msc/Phd in Equine Locomotion at The Royal Veterinary College this year.

In this session on horse and rider performance analysis, Russell will be looking at a horse and rider, recording his findings, before a Bowen treatment is carried out. Following the treatment, further analysis will be made to note any changes.



Russell Guire

The seminars will be held at Hartpury College, Gloucester, GL19 3BE. Follow signs to the Equestrian Centre and then Therapy Centre, Room EQ26 (unless otherwise directed on the day).

The cost of the seminar weekend is £80 for a single day, with a £10 discount for booking both days. A light lunch is available at £6 per day. Please indicate if you require this.



The European School of Equine Bowen Therapy



The second European School of Equine Bowen Therapy seminar weekend Booking form

To secure your place, please complete the form below and send your cheque, payable to Beth Darrall, to:
13 Milton Road, Cheltenham, Glos GL51 7ET

Please reserve me a place on:

Saturday 1st Nov £80 Sunday 2nd Nov £80 Both days £150

Yes, please reserve me lunch for Saturday/Sunday at £6 per day

I enclose a cheque for £.....

Name:	
Address:	
Post Code:	
Tel:	
Email:	
EBT Reg No:	

Please note: The usual Health and Safety procedures apply and you attend at your own risk. Horses can respond unpredictably when in certain conditions, such as pain or discomfort. Neither the organisers nor Hartpury College can accept responsibility for any accident or injury during the course of this weekend lectures and demonstrations.

I, agree that I attend at my own risk.....(sign)
(Print name)



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